

Speed Reading

John F. Kennedy could read at 5000 words per minute (wpm) and Jimmy Carter could read at 3000. The average Australian reads at 220 wpm with 60% comprehension. We all have the potential to at least double or triple our reading speed and improve our comprehension. And depending on our motivation, read at thousands of words per minute.

You will learn the basic principles of speed reading with improved comprehension. You will learn how to at least double your reading speed and improve your comprehension. You will also learn how to improve your memory and use mind maps to store information. Once these basic skills have been understood, they can be applied to a whole range of documents.

<u>DATE:</u>	8 th October 08 9am – 3:30pm
<u>LOCATION:</u>	Bob Osbourne Skills Centre – Wagga Wagga
<u>COST:</u>	\$365pp + gst Other locations or in-house: On application – ask us!
<u>FACILITATOR:</u>	Roz Townsend (see over for biography)
<u>PREREQUISITES:</u>	Nil

COURSE OUTLINE

This course will develop skills in:

- concentration
- enhanced comprehension
- previewing
- punctuation
- paragraphing
- peripheral vision
- skimming
- scanning
- flexible reading strategy
- memory
- mind mapping

NB: Participants are not required to read aloud in class.

Plan: Facilitation of the course by Roz, who is a qualified Speed Reading specialist with over 20 years of experience

Developing a fun and stress-free approach to reading and studying

An evaluation of the course

A money back guarantee

A 3 month free email or phone consultancy re the course.

WHO SHOULD ATTEND THE COURSE?

Those required reading large amounts of documents and other material in the workplace or for study.

To register, please complete a Local Government Training Institute registration form at www.lgti.com.au and submit online; or you can fax to Local Government Training Institute on (02) 49660588

Course enquiries may be directed to Training Administration on 4978 4013.

Local Government Training Institute

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Trainer: Roz Townsend,
(M Ed Admin BA Dip Adolescent Development Dip T MAIWCW MAITD JP)

Roz is a leading international speaker, author and trainer. Her great passion is showing people how to tap into their incredible potential. We all have the ability to live fully. Taking the steps to control your life can be daunting, but with new skills and practice so much more is possible in our lives – if we want it.

Roz is based in Bathurst and travels internationally and nationally to present her many corporate courses. These include 'Preventing Job Burnout', 'The A-Z of Loving to Learn', 'How to Improve Your Reading and Comprehension in 6 Easy Steps' and 'How to get 12 Parts of Your Life into Balance and Harmony'.

Course participants enjoy her sense of humour. Her gently provocative style will encourage you to take those important steps outside of your comfort zone where real gain in growth and learning take place.

Roz uses her training in Speed Reading as a metaphor and says:

*'It's so exciting when people experience how easy it is to at least **double or triple** their reading speed and improve their comprehension. When they do this with reading **what else is possible in their lives? How much better are they?***

This is the driving passion which has helped Roz to help so many others. Learning is a life long process.

Roz believes that: ***We all have incredible potential to learn and achieve, it all depends on our attitude to change.***

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